



2010 Natural Family Planning Class Schedules

Catholic Charities Diocese of Toledo Family Life Ministry

The following couples are trained & certified by the Couple to Couple League, Cincinnati, OH

*** * New Registration Procedure:**

Natural Family Planning classes anywhere in the country should now be accessed for registration on the Couple to Couple League's website: www.ccli.org –

Go to the website and click on "Register for Class" in the center of the page

Then choose where you want to take NFP classes (by state or zip code)

And pick dates & locations that fit your schedule.

Teaching Couple: Jim & Linda Kettinger (**from Bowling Green Area**)

Telephone #: 419-354-3134

E-Mail Address: jimkett@gmail.com or lindakett@gmail.com

Class Location: St. Aloysius Parish, (Clare Hall), 150 S. Enterprise St., Bowling Green, OH; if the class size is small, classes will be held at the home of the teaching couple.

2010 Class Dates: **Series 1:** Feb 14, Mar 14 & Apr 18, 2010; **Series 2:** Sep, Oct & Nov, 2010 (dates TBA)

Class Time: 1:30 – 4:00 p.m.

Class Format: DVD presentation with student workbook and lecture - group instruction; teaching couple also willing to receive referrals for private instruction.

Teaching Couple: Denny & Rachel Rall (**from Crestline Area**)

Telephone #: 419-683-2865

E-Mail Address: denrach@intergate.com

Class Location: Home of NFP Teaching Couple

2010 Class Dates: **Main NFP Series:** Feb 10, Mar 10 & Apr 7, 2010

Class Time: 7:00 p.m.

Class Format: Couple to Couple League Sympto-Thermal Method – group instruction; teaching couple also willing to receive referrals for private instruction.

Additional Information: Register through www.ccli.org

Teaching Couple: Steven & Barbara Coolman (**from Defiance Area**)

Telephone #: 419-658-2206

E-Mail Address: sbcoolman@defnet.com

Class Location: St. Isidore Parish (Marysdale site), 06324 St. Rt. 15, Defiance, OH 43512

2010 Class Dates: **Series 1:** Feb 9, Mar 9 & April 13, 2010

Class Time: 6:30 p.m.

Class Format: Sympto-Thermal Method of NFP based on information of the Couple-to-Couple League, Cincinnati, OH

Additional Information: Premenopause and postpartum classes offered as well.

Teaching Couple: Jeff & Bridget Bockey (**from Delphos Area**)

Telephone #: 419-233-1600

E-Mail Address: delphosnfp@gmail.com

Class Location: St. John's Ministry Center, 201 N. Pierce St., Delphos 45833

2010 Class Dates: **Series 1:** Jan 10, Feb 7 & Mar 7, 2010; **Series 2:** Apr 11, May 9 & Jun 13, 2010; **Series 3:** Jul 15, Aug 12 & Sep 9, 2010; **Series 4:** Oct 3, Nov 7 & Dec 5, 2010.

Class Time: 4:00 p.m. (Series 1, 2 & 4); 6:00 p.m. (Series 3)

Class Format: Sympto-Thermal Method of NFP based on information of the Couple-to-Couple League, Cincinnati, OH

Additional Information: May 18, 2010 – Postpartum Class – 6:00 p.m.

Nov. 18, 2010 – Postpartum Class – 6:00 p.m.

Changes to class dates/times will be updated at www.ccli.org

Teaching Couple: Nicholas & Beth Phillips (**from Galion Area**)

Telephone #: 419-468-4457

E-Mail Address: phillipsbunch@columbus.rr.com

Class Location: 697 N. Market St., Galion, OH 44833

2010 Class Dates: **Main NFP Series:** Jan 10, Feb 7 & Mar 7, 2010

Class Time: 1:00 p.m.

Class Format: Main NFP Series

Additional Information: Private instruction is always available at a time convenient for you!

Teaching Couple: Roger & Pat Frey (**from Huron Area**)

Telephone #: 419-433-6352 or 419-602-0285

E-Mail Address: rogafr@gmail.com

Class Location: Home of NFP Teaching Couple, 723 Gloucester Dr., Huron, OH 44839

2010 Class Dates: **Series I:** Jan 10, Feb 14 & Mar 14; **Series II:** Apr 11, May 16 & June 13;

Series III: July 18, Aug 22 & Sept 12

Class Time: 1st & 2nd Series: 2:00 p.m. – 4:30 p.m.; 3rd Series: 6:00 p.m. – 8:30 p.m.

Class Format: Personal instruction along with DVD presentation; three 2 ½ hour classes, held 1 month apart – group instruction; teaching couple also willing to receive referrals for private instruction.

Additional Info: Sympto-Thermal Method of NFP is taught. Teaching couple is associated with the Couple-to-Couple League based in Cincinnati, OH (www.ccli.org). Register through www.ccli.org

Teaching Couple: Donald & Cindy Rall (**from Kalida-Putnam County Area**)

Telephone #: 419-532-2565

E-Mail Address: cdrall@bright.net

Class Location: St. Michael Parish, Kalida, OH

2010 Class Dates: No dates currently set

Class Format: Regular NFP series, postpartum, premenopause classes

Additional Info: Group instruction only offered.

Teaching Couple: Paul & Monica Depinet (**from Norwalk Area**)

Telephone #: 419-660-0534

E-Mail Address: pauldepinet@email.sae.org

Class Location: Home of NFP Teaching Couple

2010 Class Dates: **Series I:** Feb 18, Mar 18 & Apr 15; **Series II:** May 13, June 10 & July 8;

Series III: Aug 5, Sept 9 & Oct 7

Class Time: 7:00 – 9:30 p.m.

Class Format: Couple to Couple League - Sympto-Thermal Method

Additional Info: Teaching couple willing to receive referrals for private instruction.

Teaching Couple: Brian & Johanna Burke (**from Toledo Area**)

Telephone #: 740-381-5825

E-Mail Address: johannaburke@live.com

Class Location: St. Joseph's Church (Sacred Heart Room), 626 Locust St., (Downtown) Toledo 43604

2010 Class Dates: Feb 14, Mar 14 and Apr 11, 2010

Class Time: 1:00 – 3:00 p.m.

Class Format: Sympto-Thermal Method of NFP with the Couple to Couple League materials and format.

Additional Information: Available for private instruction if these classes do not work for you. Teaching couple also certified to teach the post partum, pre-menopause and upgrade courses privately at this time. Contact couple directly for specialty courses.

Teaching Couple: Matthew & Jennifer Schrader (**from Van Wert Area**)

Telephone #: 419-495-2331

E-Mail Address: adamlucyjen@hotmail.com

Class Location: St. Mary Catholic Church Rectory, 601 Jennings Road, Van Wert, OH 45891

2010 Class Dates: **Spring Session:** Mar 14, Apr 11 & May 9, 2010

Fall Session: Dates to be announced

Class Time: 6:00 – 8:00 p.m.

Class Format: Sympto-Thermal Method of NFP – Couple to Couple League

Additional Information: Teaching couple offers group instruction only.

The following teacher is trained in the Creighton Model Fertility Care System with NaPro Technology

Teacher: Patricia Cress, RN, BA, FCP (practitioner) (**from Tiffin area**)

Telephone #: 419-448-0445

E-Mail Address: fertilitycare@catholic.org

Class Location: 49 2nd Street, Tiffin, OH; (can do long-distance also)

2010 Class Dates: Scheduled individually for each couple, usually every 2 weeks X 4; 4 weeks X 1; 3 mo. X 3. plus initial Introductory Session.

Class Time: Scheduled individually.

Class Format: Individual; Confidential. Education & tailored to individual needs.

Additional information: In addition to being used as a method of NFP, the Creighton Model Fertility Care System & NaPro Technology may be used to assist with infertility and any other reproductive problem including endometriosis, post partum depression, PMS, etc.